

Camel Sailing and Powerboat Centre

2014 / 15 Frostbite Series

Hosted @ RSWSC



Race Dates and Times:

Sat 1 st November,	briefing 1000	start 1100
Sat 15 th November,	briefing 0930	start 1030
Sat 29 th November,	briefing 0900	start 1000
Sat 13 th December,	briefing 0800	start 0900
Sat 27 th December,	briefing 0800	start 0900
Sat 3 rd January,	briefing 1430	start 1530
Sat 17 th January,	briefing 1300	start 1400

Please read the next few pages !!

2014 / 15 Frostbite Series

Venue and Location

All the races will be based from the sailing club (RSWSC) we have full use of the facilities there which include; changing rooms, showers and the bar will be open after the races so all are invited to come for a drink **and bite to eat afterwards.**

The briefing will be at the sailing club within the crew room where the course will be on display on the map of the estuary.

The sailing club have also allowed boats to be stored on the quay, so those wanting to use their own boats can be stored here along with anyone using CEY's boat's can also be stored on the quay throughout the series, the boats can not be moved here until the 25th October. This year we only want to store boats on the quay that are going to be used for the races, then there may be the opportunity to leave the masts up on the Feva's or you can just hire a school Feva.

The club have not got enough room to store any multi hulls on the quay. If you are storing your boat on the quay please ensure it is put away correctly and it's not left in any ones way.

Boats

Camel Estuary Youth Sailing committee have authorized the use of the CEY's boats to be used in the Frost Bite series but they will have to be moved from Ferry Point to the sailing club quay. **The same helm or crew will have to use the same boat for all races.** CEY's have confirmed that the boats are insured for racing all year round so if you want to use a CEY's boat please let us know as soon as possible so this can be arranged.

The sailing school also have boats available but these are obviously hired, a nominal charge of £15 per boat per race and we have only got 2 Feva's, Pico's, 1 420 available and 1 Laser 4.7, these will be distributed on a first come first serve basis. Whatever boats you are wanting to use please let us know as soon as possible.

Race Entry

There will be a nominal charge of £5 per boat per race for the frostbite series which is payable to the sailing school, this is to cover the usage of our

safety boats and the additional insurance we have had to take out to hold racing.

It is vital that each boat complete the registration form so we know what boats we are expecting and who they are being sailed by. There will also be a separate signing on sheet for each race which will be in the crew room of the sailing club where the course will be posted. The registration form is at the end of this document.

Rules

The racing rules are as follows and they are based around the RSWSC rules but amendments have been made so please read them.

WHEN MEETING BOATS NOT RACING

The International Regulations for Preventing Collisions at Sea (IRPCS) apply between a boat sailing under the racing rules and a vessel that is not. A boat racing or intending to race is required not to obstruct other vessels whether they are under sail or under power. If she fails to apply with this obligation she may be protested and penalised. High speed sailing dinghies should have due regard for slow moving vessels, which may be unable to respond in sufficient time to keep clear. A boat racing must resist the temptation to take any action that is contrary to the IPRCS in order to gain tactical advantage; For example, passing too close to non-racing vessels or not making your intentions clear and leaving avoiding action too late. Special attention should be paid to the ferry which must not be impeded.

CAMEL ESTUARY HAZARDS

Sand banks in the estuary are continually moving, so competitors are advised to make themselves aware of the current situation.

The Doom Bar seaward of Gunn Buoy is dangerous in rough weather especially on an ebb tide. There will be no racing held seaward of the Starboard channel marker at Gunn Point.

Competitors should familiarise themselves with the area designated for water skiing as extra care should be taken when entering this area during a race.

RULES

1. All races will be governed by The (ISAF/RYA) Racing Rules of Sailing 2013–2016 including the RYA Prescriptions – except when any of them are changed by these Sailing Instructions.
2. NOTICE TO COMPETITORS: Notices to competitors will be posted on the official notice board located in the Crew Room on the ground floor of RSWSC crew room.
3. CHANGES IN SAILING INSTRUCTIONS: Any changes to the Sailing Instructions will be posted on the notice board in the crew room at least one hour before the published starting time of the concerned race(s). The only exception to this rule is a course change due to the weather, see rule 8.1 below.
4. SIGNALS MADE ASHORE:
 - 4.1. There will not be any signals ashore, but if there is a cancellation of race or postponement this will be written on the board in the crew room at least 1 hour before the race starts.

5. SCHEDULE OF RACES:

5.1. Eligible boats/helms/crews may be entered for the frost bite series by completing the attached form, in addition each boat should also complete the sign on sheet for each race on the day so we know what competitors we have out on the water.

5.2. The schedule of races, classes to race and the order of starts with times of Starting Signals are as per the notice on the notice board in the Crew Room unless changed by a change to the Sailing Instructions. The start time of a race may be brought forward by posting a notice at least twenty four (24) hours prior to the published start time or, in the case of a series of races, within three (3) hours of the last boat finishing on the previous day.

6. CLASS FLAGS: The V flag will be used for all races.

7. RACE AREA:

7.1. Race Area. The race area will be as shown on the notice board in the Crew Room, no race will be held seaward of the starboard marker off Gunn Point.

7.2. Commercial Traffic – Ferry. Boats are not to obstruct commercial traffic operating from Ferry Point and should not inconvenience any other commercial traffic operating normally in the Estuary.

7.3. Moorings. While racing, boats should exercise particular care in areas where there are moorings. In addition, boats should avoid the moorings close to St Saviour's due to strong currents in the area.

8. THE COURSE: Courses will be defined in writing on the Course Board in the Crew Room.

8.1. Change of Course before start. In the event of a change in conditions or wind direction between the time the course was set and the display of the first warning signal, the course may be changed by displaying the code Flag "E" on the signal mast of the Committee Boat accompanied by three sound signals. A board on the Committee boat will show the revised course and a patrol boat may lead the fleet to the first mark after the start; or further at the discretion of the Race Officer.

8.2. The type and names of the racing marks to be used will be displayed on the course board. At the instruction of the Padstow Harbour Commissioners, navigation buoys must not be used as course marks; and any marks which are not official Club marks will be designated as specials (Sp).

8.3. For Average Lap Racing the Race Officer can shorten the race for a complete class by displaying the appropriate class flag alongside the Shorten Course flag.

9. THE START: The Start count-down sequence will be 5 mins, 4 mins, 1 min and Start .

9.1. Start Sequence:

At 5 min – Class Warning flag displayed with one sound signal.

At 4 min – Preparatory Flag "P, I, Z or Black flag" displayed with one sound signal.

At 1 minute – Preparatory flag is removed with one long whistle.

Start – Class flag is removed with one sound signal.

9.2. Multiple Class starts We are only running a mixed handicap start so this is not applicable.. The race will be started with classes starting at 3-minute intervals in order: Multihulls, Fast handicap, Slow handicap followed by Shrimpers if racing as a separate class. In the event of a General Recall, this will be signalled in accordance with ISAF/RYA rule 29.2. In the event of more than one class having a General Recall then their order will be maintained. In multiple starts all subsequent starts are delayed.

9.3. At the discretion of the Race Officer the class start interval may be increased to 6 minutes.

9.4. Starting Penalties

9.4.1. If flag I has been displayed and any part of the boat's hull is on the course side of the starting line during the minute before her starting signal, she shall return to the re-starting side by rounding either end of the starting line.

9.4.2. If flag Z has been displayed and any part of the boat's hull is on the course side of the starting line during the minute before her starting signal she will receive a penalty equal to 20% of the number of starting boats except she will always score one less than DNF.

9.4.3. If a Black flag has been displayed and any part of the boat's hull is in the triangle formed by the ends of the starting line and the first mark of the course she will be disqualified. Any disqualified boats remain disqualified even if the race is restarted and must leave the starting area.

9.5. Pursuit Race Starts: The pursuit race start with slowest boat entered in the series, normally a Mirror10. This is given a start number of 120. All other class of boats starts are calculated from this figure dependent upon handicap. These are published in the Crew Room. Each class starts when its number comes OFF the display start board on the committee boat. The normal, 6, 3 and 1 min start sound and visual warnings are given using the class flag "W". Thereafter at every minute, a sound signal will sound as the number comes off the board.

9.5.1. Pursuit Race Finish: At the end of the race period, normally 120 minutes after the Mirror 10 start, the committee boat and patrol boats will be positioned at each finishing mark and will all make one long sound signal. All boats must sail to the next mark of the course where they will be recorded. If conditions permit, and at the discretion of the race officer, the committee boat and the patrol boats will proceed down the direct line to the previous mark and record the position of each boat as they pass them. If this procedure is used, it does not remove the requirement for all boats to sail to the next mark of the course. Once a boat has finished it must clear the course area and endeavour not to sail near another finishing mark whilst returning to the beach.

9.6. Recalls.

9.6.1. Individual Recalls. During Pursuit races on a second sound signal Flag X will be displayed for 30 seconds only. Rock Sailing and Water Ski Club Sailing Instructions, 2013; 4 of 8

9.6.2. General Recall. General recall will be signalled in accordance with ISAF/RYA rule 29.2. In multiple starts, all subsequent starts are delayed.

10. TIME LIMIT:

10.1. Time limit will be 120 mins for all classes from their start. Boats failing to finish within 120 mins will be scored Did not Finish (DNF).

10.2. Competitors are required to sign off within 60 mins of the final mooring of the committee boat unless instructed otherwise by the race committee. If more than one race is sailed then competitors are to sign off for all races within 60 mins of the final mooring of the appropriate committee boat. The following abbreviations are to be used:

DNC – Did Not Come to the Starting area.

DNS – Did Not Start.

OCS – On the Course Side of the starting line and failed to comply with ISAF/RYA rule 29.1 or 30.1.

BFD – Disqualification under ISAF/RYA rule 30.3 (Black Flag Disqualification).

DNF – Did Not Finish.

RAF – Retired After Finishing.

DSQ – Disqualification.

RDG – Redress Given.

11. PROTESTS AND REQUESTS FOR REDRESS:

11.1. Protests will follow the RYA modified, three tier procedure as outlined in their document entitled, “RYA Racing Best Practices – Rules Disputes”. The three stages are:

- An Advisory Hearing;
- RYA Arbitration; and
- Protest Hearing

11.2. The Exoneration Penalty [and the Advisory Hearing and RYA Arbitration procedures] of the RYA Rules Disputes Procedures will be available. See the Official Notice Board for details.

11.3. The intention is for any dispute to be resolved quickly and amicably, within the rules, but allows for arbitration or a protest hearing should either of these be deemed to be necessary.

11.4 . The protest procedure will commence within 60 minutes of the committee boat mooring.

11.5 . Protests will be heard in approximate order of receipt, as soon as possible.

11.6 . The Race Officer will have access to the ISAF/RYA Racing Rules of Sailing, which will be made available to all parties involved in a protest.

11.7 . The Race Officer will not be the Chairperson of the Protest Committee should one be required, since there may be occasions when she/he is one of the parties in the protest, but she/he will co-opt a suitable person for the purpose.

12 SCORING:

12.1 The low points scoring system will apply, modified with the following amendments so that each boat’s series score will be the total of her race scores, with her worst score discarded if 3 or more races have been completed.

Short Series when three or fewer races are completed boats will be scored for:

2 races if 3 are sailed

2 races if 2 are sailed

1 race if 1 is sailed

12.2 Non Starting/Finishing Boats. All other boats will be scored points for the finishing place one more than the total number of boats entered in the series or championship. This means that a boat which did not start or didn’t come to the starting area (DNS/DNC) or a boat which did not finish (DNF) will score the same points – one more than the number of boats entered in the series or championship.

12.3 Ties will be decided as per the ISAF/RYA Rules, Appendix A. If ties cannot be broken, they will remain.

13 SAFETY:

13.1 All competitors shall comply with ISAF/RYA rule 1.2. Personal buoyancy shall be worn at all times. Neither a wet suit nor dry suit constitutes adequate buoyancy. Competitors who attempt to race without personal buoyancy will automatically be disqualified.

13.2 Competitors are to wear either a wetsuit or dry-suit for racing in the winter series as both the sea and air temperature is much colder than in the summer

months. It is vital you bring along warm clothes for after the race and a towel, the club is open and its recommend having a warm shower after the race.

13.3 The upper wind limit for races will be a force 6, Junior sailors are recommended to take advice from more experienced sailors or qualified instructors whether they should race or not if the conditions are questionable, Race Officer postponing or cancelling the race(s) for that day.

13.4 Racing in the frost bite series is going to be cold and in addition to 13.2 it is highly recommended that all competitors should be wearing gloves and a hat whilst racing. Hypothermia could be an issue although we have qualified first aiders on the safety boat it is vital that all competitors have additional warm clothing to get changed into after the race even if wearing a dry suit.

14 DISCLAIMER OF LIABILITY:

14.1 The safety of a boat and her entire management including insurance shall be the sole responsibility of the owner or person in charge who must ensure that the boat and crew are adequate to face the conditions that may arise in the course of the race. Neither these Sailing Instructions nor any inspection of the boat limits reduces the absolute responsibility of the owner or person in charge for the crew, the boat and her management. The race organisers shall not be responsible for any loss, damage, death or personal injury howsoever caused to the owner or person in charge or crew as a result of their taking part in the race or races. Moreover, every owner or person in charge warrants the suitability of the boat for the race or races.

14.2 The boat is required to hold adequate insurance and in particular hold insurance against a third party claim up to at least £ 2,000,000.

The ISAF/RYA Racing Rules of Sailing are available through the RYA at:

www.rya.org.uk/KnowledgeBase/racingrules/the+rules.htm

They are available in paper or on-line. Racing Rules queries may be discussed with the RYA on 0845 345 0382.